

**Delaware Board of Massage and Bodywork
Approved Continuing Education Courses
for the period ending August 31, 2012**

“Continuing Education must maintain, improve, or expand the skills and knowledge obtained prior to licensure or certification, or develop new and relevant skills and knowledge.”

- For each renewal (8/31 of even years), Certified Massage Technicians (CMT) are required to complete 12 hours of continuing education (CE) unless otherwise stated. Of the 12 hours, 9 are required to be **core** courses (the other 3 can be either core or an elective, as explained below). You can take up to half (6) of your required hours online, but you must still have a maximum of 3 hours in electives.
- For each renewal (8/31 of even years), Licensed Massage Therapists (LMT) are required to have 24 hours of continuing education (CE) unless otherwise stated. Of the 24 hours, 18 are required to be **core** courses (the other 6 can be either core or an elective, as explained below). You can take up to half (12) of your required hours online, but you must still only have a maximum of 6 in electives.
- Explanation of categories (as shown below on listing):

Elective course means a continuing education course with a subject matter that is outside the “practice of massage and bodywork,” which does not directly contribute to the professional competency of the massage/bodywork therapist or massage technician. Elective courses must have one of the following subject matters: modalities outside the “practice of massage and bodywork,” personal growth and self-improvement, business management, anatomy, or physiology. Elective courses can be taken online.

Core course means a continuing education course with a subject matter within the “practice of massage and bodywork,” which contributes to the professional competency of the massage/bodywork therapist or massage technician. Core courses must be designed to maintain, improve, or expand skills and knowledge or to develop new and relevant skills and knowledge. Fifty per cent of the required core courses can be taken online.

- The Delaware Board accepts most nationally approved courses from the NCBTMB and the AMTA at renewal. However, the Board has the authority to reject a course that does not meet requirements. If you take a course that is not nationally or DE Board approved or think the Board may not accept a course, submit an application, along with supporting documents, to the Board for approval before renewal. For an application, click [Application for Approval of Continuing Education](#).
- Make sure that you receive a certificate for all of the CE courses that you take. Keep them in a safe place so you can present them if you are selected for an audit. However, do not send copies of your certificates to the Board office unless you receive an Audit Notice. You must also keep your CPR current at all times.

Information for CE Providers

Delaware Massage Practitioners heavily rely on this list to find continuously offered and approved courses in Delaware for their renewal requirements.

If your courses are NCBTMB-approved, you do not have to submit them for approval, but you can submit them to be on this master list. Please put the NCBTMB provider number on the certificates issued.

Approved CE courses remain approved until the end of the current license period on August 31 of the next even year. However, please notify the Board office by email or mail if you:

- Change your contact information
- Change a course title or instructor
- Close your business or stop offering a course

It is not necessary to report changes in the course dates or locations as those details are not on the web page.

180 Degree Education (online courses)

Contact: Brett Hallongren
2906 Central St, Suite 241
Evanston, IL 60201
Email: support@180ed.com
Website: www.180Massage.com

Business Practices: DEM203 – 2 hours, core
Ethics I: DEM200 – 2 hours, core
Professionalism: DEM202 – 3 hours, core
Roles & Boundaries: DEM201 – 3 hours, core

360training.com (online courses)

Contact: Krista Frederick
1380 North Mopac, Suite 100
Austin, TX 78727
Phone: 888-360-TRNG
Email: Krista.fredrick@360training.com
Website: www.360training.com

Ethics – 2 hours, core
Preventing HIV/AIDS in the Workplace, elective

A Better Body Massage

Contact: Joreen Sykes
314 Shipley Rd, Suite 216
Wilmington, DE 19809
Phone: 302-507-0040
Email: ABBM0040@yahoo.com

Aromatherapy Cocoon – 8.5 hours, core
Abhyange Massage – 8.5 hours, core
Aromatherapy Cocoon – 8.5 hours, core
Exfoliations Basics – (2 days) – 9.75 hours, core
Fango Therapy (Part 1 of 2) – 8.5 hours, core
Fango Therapy (Part 2 of 2) – 8.5 hours, core
Reflexology and the Spa Foot Treatment – (2 days) 14.25 hours, core
Spa Body Treatments (2 days) – 14.25 hours, core
Spa Foundations (3 days) – 22.25 hours, core
Stone Massage – (2 days) – 14.25 hours, core
The Cocoon – 8.5 hours, core
Thalassotherapy Massage – 8.5 hours, core
Udvertana Massage – 8.5 hours, core

A Touch of Heaven

Contact: Sheila Nagyiski, CMT
57 Lake Drive
Smyrna, DE 19977
Email: heal2me@aol.com

Acupressure – 12 hours, core
Acupressure II – 12 hours, core
Blackberry Thumb – 12 hours, core
Body Mechanics – 12 hours, core
Chair Massage – 12 hours, core
Deep Tissue Massage* – 100 hours, core

* This is a one-hundred-hour-course; however, the maximum that can be accepted for renewal during the renewal period in which the course was taken is 24 hours. Hours earned in a two-year licensing period in excess of those required for renewal, cannot be credited towards the hours required for renewal in any other licensing period.

Head and Neck – 12 hours, core

Low Back – 12 hours, core
Reflexology – 12 hours, core
Sinus Relief – 12 hours, core
TMJ (Temporomandibular Joint) – 12 hours, core

AC Massage

Contact: Christopher Asay, LMT
Treadway Towers, Suite 206
9 East Loockerman Street
Dover, DE 19901
Phone: 302-674-4686
Email: ChrisAsay@aol.com

Body Mechanics for the Massage Professional – 12 hours, core
Review for National Certification Exam – 24 hours, core

Advanced Education Systems

Contact: Susan Hanna, LMT, Aesthetician
Contact: Karin Hampton, LMT
11 Woodsway Road
Wilmington, DE 19809
Phone: 302-598-7138, 610-357-2925
Email: advanced_education_systems@yahoo.com
Website: www.aes.massagetherapy.com

Asian Body Work, A Basic Understanding (Home Study) – 20 hours, elective
Body Treatments – Mud/Clay Wraps – 6 hours, core
Body Wraps I – Paraffin Body Treatments – 6 hours, core
Chair/Corporate Massage – 6 hours, core
Herbal Compression Body Wraps – 6 hours, core
Herbal Therapeutic Thermo-Massage – 12 hours, core
Hot Stone Therapy with Neuromuscular Techniquet – 12 hours, core
Sugar Scrub Exfoliate – 6 hours, core
Seaweed Mud Wrap – 6 hours, core
Reflexology – 12 hours, core
Fundamental Overview of Kinesiology I – 25 hours, elective
An Overview of Medical Terminology – 25 hours, elective
Mu-Xing Therapy, A Unique Wood-Based Treatment – 16 hours, core
Mu-Xing Self Care – 6 hours, elective
Mu-Xing Zone Therapy – 12 hours, core

Alternative Medicine Solutions

Contact: Ron Carter
The Massage Center
2222 Philadelphia Pike
Wilmington, DE 19809
Phone: (302) 761-9095
Email: roncarterncmmt@comcast.net
Website: www.demassagece.com

Integrative Muscular Movement Technique – 12 hours, core
Integrative Muscular Movement Technique-Level 2 – 12 hours, core

Alternative Therapy, LLC

Contact: Rachel Lewis
4631 Ogletown-Stanton Rd
Newark, DE 19713
Phone: 302-368-0800 or 0900

Chair Massage – 6 hours, core

Corrective Massage Techniques for Cervical & Low Back Pain & Dysfunction – 12 hours, core
Functional Assessment Skills & Orthopedic Testing – 12 hours, core
Hot Stone Massage – 6 hours, core
Indian Head Massage – 24 hours, core
Introduction to Shiatsu – 12 hours, core
Lypassage – 32 hours, core
Prenatal Massage – 6 hours, core
Reflexology – 12 hours, core
Trigger Point Therapy – 12 hours, core
Usui Reiki Level One – 12 hours, elective
Usui Reiki Level Two – 12 hours, elective
Usui Reiki Master Level – 12 hours, elective

American College of Healthcare Sciences

Contact: Tracey Miller
5940 SW Hood Ave
Portland, OR 97239
Phone: 503-244-0726
Email: achs@achs.edu
Website: www.achs.edu

Aroma 101 – 6 hours, elective
Aroma 201 – 6 hours, elective
Aroma 305 – 6 hours, elective
CE 516 – 6 hours, elective
History and Uses of Herbs – 19 hours, elective
Related Anatomy & Physiology – 19 hours, core

American Massage Therapy Association (AMTA courses taken are automatically approved at renewal)

Contact Person: Jenny Ulvestad
500 Davis St., Suite 900
Evanston, IL 6020
Phone: 800-905-2700
Email: info@amtamassage.org

8th Annual AMTA Mid-Atlantic Conference – 24 hours
AMTA 2009 National Convention 9/22 – 9/28 – 184 total hours available
AMTA 2010 National Convention 9/22-9/25-10 – All courses
2010 AMTA Massage Therapy Schools Summit – 16 hours, elective
2011 AMTA Massage Therapy Schools Summit – 14.75 hours, elective
Orthopedic Massage for Pelvic Stabilization – 4 hours, core

Online Courses:

ABC's of the IRS – 2 hours, elective
Avoiding Burnout for Massage Therapists – 2 hours, elective
Creating Healthy Boundaries – 3 hours, elective
Serving Older Adults, Accommodating Functional Differences – 2 hours, elective
The Marketing Game – 2 hours, elective
The Magic of Money: How to Tell Where it All Disappears – 2 hours, elective
Smart Marketing with Social Media – 2 hours, elective
Transition from Clients to Patients – 2 hours, elective
Beware of Bugs? What You Should know About Scabies & Lice – 2 hours, elective
Massage Therapy's Role in Integrative Care-Past, Present & Future – 2 hours, elective
Body Reading & Assessment – 8 hours, core
Integrated Lymphatic Drainage & Myofascial Treatment: Modern Approaches – 8 hours, core
Active Isolated Stretching – 4 hours, core
The Five Fast Tracks to Filling Your Practice – 4 hours, elective
Teaching Students with Disabilities – 4 hours, elective
Massage Efficacy – Mayo Clinic Research & Results – 4 hours, elective
Teaching Using Social Media in the Classroom – 4 hours, elective
Setting & Managing Roles & Boundaries – 4 hours, elective

Research Posters: How to Make Them, Read Them, & Use Them – 4 hours, elective
 Ramp Up Results with Active Techniques – 4 hours, core
 Massage in Hospice Care: What's Our Role? – 4 hours, elective
 Corrective Bodywork: The Lower Body – 4 hours, core
 Carpal Tunnel & Tennis Elbow – 4 hours, core
 Informational Literacy – 4 hours, elective
 Massage & Alzheimer's Disease – 4 hours, elective
 Research in the Profession: Massage in Hospital Settings – 4 hours, elective
 Navigating the Complex World of Health Care Integration – 4 hours, elective
 A World of Possibilities: Using Spa Employment to Springboard Your Career Success – 4 hours, elective
 Teachers & The Right Use of Power in the Classroom – 4 hours, elective
 Fascia-What Do We Know and What Do We Notice – 4 hours, core
 Integral Anatomy Intensive – 12 hours, core
 Making Your Mark-Assessing Skills and Abilities – 4 hours, elective
 Massage Ramifications of the Anatomy and Physiology of the Spinal Cord – 4 hours, core
 Massage and Medications – When is Therapy Dangerous? – 3.5 hours, core
 It's Your Business – Understanding Business Concepts – 3 hours, elective
 Making Your Mark: Guerilla Marketing – 3.5 hours, elective
 Managing Risk – 3.5 hours, elective
 Taking Care of Your Taxes – 2 hours, elective
 A Holistic Model for Ethical Practice – 2 hours, elective
 Creating Healthy Boundaries – 3 hours, elective
 Ethics and the Power Differential – 2 hours, core
 An Evidence Based Guide to Treatment of Fibromyalgia for Massage Therapists – 2 hours, core
 Carpal Tunnel Syndrome: A Proactive, Non-surgical Approach – 2 hours, core
 Massage and Skin Conditions – 3 hours, core
 Massage Therapy for Depressed Clients – 2 hours, core
 Avoiding Burnout: Self-Care is Important for Both You and Your Client – 2 hours, elective
 Healthy Hands: How to Properly Take Care of Forearms, Wrists and Hands – 2 hours, elective
 Twelve Self-Care Secrets – 4 hours, elective
 Nuts and Bolts: Basic Element of Instructional Design – 3.5 hours, elective
 Fundamentals of Fascial Therapy, Part 1 (Distance Learning) – 10 hours, core
 Growing a Thriving Practice, Systems for Success – 3 hours, elective
 2012 AMTA Massage Therapy Schools Summit – 12 hours, elective
 Planning for Tomorrow to Help You Today – elective, 1 hour
 What's the big deal? Daily Deals and Your Practice – elective, 1 hour
 A Massage Therapist's Guide to Malpractice, elective, 2 hours
 Brand Your Way to Success – elective, 1 hour
 Putting Your Best Digital Foot Forward – elective, 1 hour
 Wait a minute, let me Google you! – elective, 1 hour
 Resolving Conflict in Your Massage Office – elective, 1 hour
 2012 AMTA National Convention (approved as follows):

- Pre-Convention Workshop: Clinical Orthopedic Massage Techniques for the Neck – core, 8 hours
- Pre-Convention Workshop: AMTA Fascial Therapy Continuing Education Program – core, 8 hours
- Cervical Anatomy 360° + Massage (afternoon session) – core, 4 hours
- How to Start a Massage Research Club at Your School – elective, 4 hours
- Business Plans Deciphered: Creating a Massage Therapist-Friendly Business Plan – elective, 2 hours
- Rolling for Resilience – core, 2 hours
- Establishing an Integrative Health Center, elective, 2 hours
- Social Media for Massage Therapists – elective, 2 hours
- A Massage Therapist's Guide to Malpractice – elective, 2 hours
- Cervical Anatomy 360° + Massage (morning session) – core, 4 hours
- Pediatric Massage: Highlighting Autism and ADD/ADHD – core, 4 hours
- Medical Documentation and Wellness Charting for Massage Therapists – elective, 4 hours
- Self-Care for Computer Athletes and Bodyworkers – elective, 4 hours
- The Value of Ethics – elective, 4 hours
- Headaches: Types, Triggers & Treatment – core, 4 hours
- Teaching Pathology from the Heart – core, 4 hours
- Using Research to Market Your Massage Therapy Practice – elective, 4 hours
- Structural Relief Therapy for the Neck (afternoon session) – core, 4 hours
- Pediatric Massage: Highlighting Cerebral Palsy – core, 4 hours

- Massage Techniques for Diabetics – core, 4 hours
- Treatment for Aspecific Low Back Pain – core, 4 hours
- One Year to a Successful Massage Practice – elective, 4 hours
- Teaching Effective Muscle Palpation – core, 4 hours
- Mission Impossible: Become a Massage Therapy Researcher – elective, 4 hours
- Structural Relief Therapy for the Neck (morning session) – core, 4 hours
- Improving Posture by Working with Abdominal Scars – elective, 4 hours
- Side Lying Advantage: Maximizing Session Outcomes, Client Comfort and Therapist Efficiency – core, 4 hours
- Active Muscle Therapy – core, 4 hours
- Neuromuscular Therapy and the Dynamic Foot – core, 4 hours
- Death by Power Point: Updating Your Classroom Teaching Skills – elective, 4 hours
- Research on Chronic Pain – elective, 4 hours
- Closing Keynote: Elevate the Profession Through Collaboration – core, 2.5 hours
- Post-Convention Off-site Tour: Raleigh Immersion Event: Duke Integrative Medicine Tour – elective, 1.5 hours
- Massage Therapy Foundation Post-Convention Workshop: The Assessment and Treatment of the Most Common Cervical Injuries – core, 12 hours
- Understanding Competencies – elective, 2 hours

AMTA – Maryland Chapter – Eastern Shore (NCBTMB # 450745-08)

Contact: Ellen Radoff

University of Maryland at Salisbury

Phone: (410) 742-2575

Email: Elle77_77_77@yahoo.com

A Taste of My Thai Fusion Bodywork – 2 & 6.5 hour formats, core

AMTA – Mid-Atlantic Conference – MD

Contact: Bill Haines or Anita Benedictis

1701 Edmondson Ave, Suite 202

Catonsville, MD 21228

Phone: (443) 612-9119

Email: amtamd@yahoo.com

Bodywork for the Dying – 4 hours, core

Intro to Conscious Connected Breathing – 4 hours

Breathe Easier! Releasing Restrictions of Ribcage – 7 hours, core

12th Annual Mid-Atlantic Conference for Massage Therapists (see below)

- Heathy Pregnancy Massage Part I – 8 hours, core
- Healthy Pregnancy Massage Part II: Massage & the Pregnant Pelvis – 8 hours, core
- Pregnancy Massage Part III – 6 hours, core
- Advanced S.E.E.M (Stretching, Exercise, Education and Massage Techniques) – 7 hours, core
- Everyday Ethics for Massage Therapists, Practitioners and Bodyworkers – 3 hours, core
- Communicable Diseases and Implications for the Practice of Massage – 3 hours, core
- Side-Lying Position Technique, 6 hours, core
- Self Healing Through Massage, Movement & Vision Improvement – 8 hours, core
- Seeing Better Through Natural Vision Improvement and Massage – 4 hours, core
- Improve Vision Through Body Movement and Loosening of the Neck and Back – 4 hours, core
- Overcoming Back Problems and Arthritis Through Massage, Movement and Sensory Integration – 4 hours, core
- Preventing and Overcoming Paralysis with Massage and Movement – 4 hours, core
- Freeing the Voice – 8 hours, core
- Trager Tools for Massage Therapists: Part 1 – 4 hours, core
- Trager Tools for Massage Therapists: Part 2 – 4 hours, core
- Orthopedic Massage/Elite Sports Therapy: Orthopedical Massage for Complicated Shoulder Conditions & Multiple Crush Phenomenon – 12 hours, core
- Orthopedic Massage for Complicated Lower Extremity Conditions with Emphasis on Ascending Syndrome – 6 hours, core

- Elite Sports Therapy Class: Event Sports Massage, Clinical Sports Massage & Performance Enhancement Therapists – 6 hours, core
- Introduction to Zero Balancing: Part 1 – 4 hours, elective
- Introduction to Zero Balancing: Part 2 – 4 hours, elective

AMTA – Delaware Chapter

Contact: Theresa Porta
 24 Whitaker Ave
 North East, MD 21901
 Phone: 302-275-7560
 Email: theresalmt@yahoo.com

An In-Depth Introduction to Oncology Massage – 24 hours, core

Anderson, Mary (NCBTMB provider # 451000-09)

204 Robin Hood Lane
 Aston, PA 19014
 Email: maryanderson963@aol.com
 Website: www.tourmalinebodytherapy.com
 Phone: 610-494-4191, 302-598-5405

Tourmaline Body Therapy Level 1 Workshop – 6.5 hours, core
 Tourmaline Body Therapy, Level 2 Workshop – 14 hours, core

Avenue Apothecary and Spa

Contact: Victoria DeSilver
 110 A Rehoboth Ave.
 Rehoboth Beach, DE 19971
 Phone: 302-227-5649
 Email: Victoria@avenuedayspa.com
 Website: www.avenuedayspa.com

Fertility, Pregnancy & Post Partum Massage – 24 hours, core
 Hot Stone Massage – 8 hours, core
 Infant Massage – 8 hours, core
 Labor Massage – 8 hours, core
 Myofascial – 8 hours, core
 Raindrop Therapy – 8 hours, elective
 Reflexology – 8 hours, core
 Shirodhara & Ayurvedic Spa Treatments – 8 hours, core
 Spa Body Treatments – 8 hours, core
 Bamboo Fusion – 16 hours, core

Baron & Butler School of Massage

Contact: William or Scott
 18947 John J. Williams Hwy
 Rehoboth Beach, DE 19971

Flexibility Training – Part 1, Upper Extremities – 12 hours
 Flexibility Training – Part 2, Lower Extremities – 12 hours

The Barral Institute

Contact: Kathy Woll
4521 PGA Blvd, # 245
Palm Beach Gardens, FL 33418
Phone: 866-522-7725
Email: kathy@barralinstitute.com
Website: www.barralinstitute.com

Visceral Manipulation: Abdomen 1 – 24 hours, core
Visceral Manipulation: Abdomen 2 – 24 hours, core

Beebe Medical Center – Integrative Health

Contact: Cheyenne Luzander
424 Savannah Road
Lewes, DE 19958
Phone: 302-645-3528
Email: cluzader@bbmc.org

Acupressure for Self-Care – 7.5 hours, core
Hawaiian Lomi Lomi Intensive – 23 hours, core

Belusko, Alice

Contact: Alice Belusko
101 SW 96th Terrace #203
Plantation, FL 33324
Phone: 954-236-5123
Email: Aliceslomi@yahoo.com
Website: www.hawaiiantherapies.com

Hawaiian Lomi Lomi Massage 1 & 2 Beginners – 16 hours, core
Hawaiian Lomi Lomi Massage 3 Advanced – 16 hours, core
Introduction to Hawaiian Lomi Lomi Massage – 3 hours, core

Ben Benjamin Institute

Phone: 866-331-7246
URL address: benbenjamin.com

Massage in Cancer Care: A 6-part Series – 9 hours, core

Blossic, Tamara, DC

Contact: Tamara Blossic, DC
724 Yorklyn Rd, Suite 150
Hockessin, DE 19707
Phone: 302-239-8550
Email: Hockessinchiro@aol.com

Full Body Presence: Skills to Energize Your Life – 12 hours, elective
Full Body Presence: Grounding and Healthy Boundaries – 24 hours, core

Brechtel, Michael

525 Espanola Way, #1A
Miami Beach, FL 33139
Phone: 302-290-3597
Email: Michael@heavenlymichael.com

Body Treats: Hydrotherapy Adjuncts to Your Massage Practice – 12 hours, core
Work Long and Prosper: Correcting Career Ending Habits – 8 hours, core
Issues and Application of Professional Ethics in Massage – 6 hours, core

Butterflies Are Free Massage Therapy

Contact: Deborah Steele

16 Parker Drive

Millsboro, DE 19966

Phone: 302-236-7177

Email: butterflymt@mchsi.com

Ethics, Integrity and Professionalism as a Massage Practitioner – 6 hours, core

Hot Stone Massage – 18 hours, core

Pregnancy Massage – 12 hours, core

Reflexology and How to Incorporate in Massage Practice – 9 hours, core

Reiki Level 1 – 12 hours, elective

Reiki Level 2 – 12 hours, elective

Reiki Level 3 (master) – 12 hours, elective

CEU's 4 Massage

Contact: Wade Carey

227 Ellsworth Drive

Newark, DE 19711

Phone: 302-266-8139

Email: bodyworkmassage@yahoo.com

A Taste of Thai Massage 1 (supine/seated) – 6 hours, core

A Taste of Thai Massage 2 (prone/sideline) – 6 hours, core

The Back – 4 hours, core

Basic Acupressure – 6 hours, core

Chair Massage – 6 hours, core

Hot Stone Body Treatments (back & feet) – 6 hours, core

Indian Head Massage – 6 hours, core

Introduction to Sports Massage – 4 hours, core

Moving/Sensing/Freeing – 14 hours, core

Polarity Therapy Level 1 – 6 hours, elective

Reflexology for the Hands and Feet – 6 hours, core

Thai Herbal Compress Massage – 6 hours, core

Chikly Health Institute

Contact: Cynthia Lapporte

P.O. Box 68364

Oro Valley, AZ 85737

Phone: (888) 333-1055

Website: www.chiklyinstitute.org

Lymph Drainage Therapy I – 24 hours, core

Lymph Drainage Therapy II – 24 hours, core

Lymph Drainage Therapy III – 24 hours, core

Christopher Asay Massage

Contact: Christopher Asay

9 E. Loockerman St, Suite 206

Dover, DE 19901

Phone: (302) 674-4686

Email Address: ChrisAsay@aol.com

Advanced Biomechanics for the Massage Professional – 12 hours, core

Hawaiian Massage – 24 hours, core

Review of Hawaiian Massage Kata – 12 hours, core

Combs, Kimberly

910-3 North Union St.
Wilmington, DE 19805
Phone: 610-637-7752
Email: Kymcombs@comcast.net

Also: Nat'l Safety Council CPR Instructor

Comprehensive Prenatal Massage – 14 hours, core

Cool Water Mind & Body Connection

Contact: Yolanda Johnson
727 N. Market St.
Wilmington, DE 19801
Phone: 302-225-5841
Email: coolwatermindbody@verizon.net

Health & Touch Massage – 6.5 hours, core

Dalton, Erik, Ph.D.

5801 N. Ann Arbor Ave.
Oklahoma City, OK 73122
Phone: 405-728-4844
Email: dianna@freedomfrompain.com

Myoskeletal Alignment Technique – 24 hours, core
Myoskeletal Alignment Techniques Home Study – 20 hours, core
Professional Ethics for the Modern Manual Therapist – 6 hours, core
Volume II Myoskeletal Alignment Techniques Advanced Home Study – 20 hours, core

Lotus O.M.T. LLC (NCBTMB Provider # 451420-10)

Attn: Sean W. Davis
Wilmington, DE 19810
Phone: 302-561-4763
Website: www.thelotussystem.com
Email: sean@lotusomt.com

The Lotus System Course – 16 hours, core

Dawn Career Institute (formerly Dawn Training Centre Inc.)

Contact: Susan Brown, Rosalyn Skinner
3700 Lancaster Pike Suite 105
Wilmington Delaware 19805
Phone: 302-633-9075 / 302-225-6500
Email: sbrown@dawncareerinstitute.edu
Website: www.dawncareerinstitute.edu

Dr. Vodder Manual Lymph Drainage: Basic Face & Neck Course – 20 hours, core
Dr. Vodder Manual Lymph Drainage: Basic Body Course – 40 hours, core
Introduction to Raindrop Therapy – 4 hours, elective
Nature's Healing Stone Therapy® Seminars: Full Body Massage Seminar – 14 hours, core
Reiki I – 8 hours, elective

Dawson, Wayne

142 DaVinci Court
Hockessin, DE 19707
Phone: 302-561-0151
Email: treycollie@yahoo.com

Hot Stone Massage – 6 hours, core
Fascia – What, Why and How – 6 hours, core
Massage for Fibromyalgia – 6 hours, core
Reiki – First Degree – 6 hours, elective
Reiki – Second Degree – 6 hours, elective
Review for National Examination – Muscles and Bones – Lower Body – 8 hours, core
Review for National Examination Tests Muscles and Bones – Upper Body – 8 hours, core

Deep Muscle Therapy Center

Contact: Debora Jedlicka
5317 Limestone Road
Wilmington, DE 19808
Phone: 302-239-1613
Email: dibsonmassages@aol.com

Aromatherapy – 6 hours, core
Body Mechanics and Stretching for the Massage Therapist – 6 hours, core
Clinical Trigger Point Massage – 12 hours, core
Hot Stone – 6 hours, core
Intro to Myofascial Release – 12 hours, core
Intro to Myofascial Pain Syndromes – 12 hours, core
Intro to Myofascial Trigger Points and Referral Pain – 16 hours, core
Positional Release and Stretching – 12 hours, core
Professional Ethics – 3 hours, core
Reflexology – 12 hours, core
Russian Massage – 12 hours, core
Reiki – 4.5 hours, elective
Reiki I – 6 hours, elective
Simple Anatomy – 12 hours, core

Delaware Technical & Community College

Anatomy & Physiology I & II, core
Ethical Issues in Health Care, core
General Psychology, elective

DiNetta, Paula

1601 Concord Pike, Suite 36B
Wilmington, DE 19803
Phone: 302-999-1000
Email: PDQShiatsu@netzero.com
Website: www.illuminatabody.com

Introduction to Shiatsu – 12 hours, core

Fitness Science, Inc.

Contact: James Menz
150 West Ave, Apt 105
Woodstown, NJ 08098
Phone: 302-593-2239
Email: jmenz@salemcc.edu

Ethics for Massage Therapists – 7 hours, core
Neuromuscular Headache Pain – 4.5 hours, core
Back Care – 7 hours, core
Nutrition with Calculations – 5 hours, elective

Fitzpatrick, Deanna RM

3 Bradley Circle
Middletown, DE 19709
Phone: 302-312-6356
Email dfitzpat444@aol.com
Website: www.deannafitzpatrick.com

Usui Reiki Level One – 12 hours, elective
Usui Reiki Level Two – 12 hours, elective
Usui Reiki Master Level – 12 hours, elective

Full Circle, Inc.

3368 S. Nucla Way
Aurora, CO 80013
Phone: 720-412-1240
Email: Dawn_lewis@efullcircle.com

SMRT: Head and Neck with SMRT Cranial Sacral Therapy – 24 hours, elective

Get In Touch, LLC (NCBTMB # 450940-09)

Contact: Karina Braun
647 North Pueblo Blvd.
Henderson, NV 89015
Phone: 702-576-3288
Email: igetintouch@gmail.com
Website: www.igetintouch.com

Creating Peace with Your Hands – 12 hours, core (online/home study)
All About Posture – 12 hours, elective
Breathwork 4 A Healthy Life – 6 hours, elective

Hands of Light, LLC

Contact: Denise Figueirido
1622 Revell Downs Dr.
Annapolis, MD 21409
Phone: 443-433-0108
Email: handsof_light@yahoo.com

Brain Gym 101 – 20 hours, elective

Health & Bodyworks, LLC

Contact: Ruthie Piper Hardee
1580 Dahlia Street
Denver, CO 80222
Phone: 303-300-2511
Email: ruthie@deepfeet.com

Barefoot Basics, Ashiatsu Oriental Bar Therapy – 25 hours

Health Positive

Contact: Joan Heezen
84 Holly Ridge
Mount Ida, AZ 71957
Phone: 888-797-5594
Email: Jozen_1@hotmail.com, info@healthpositive.com

The 2-hour Ethics Course: Professional Roles and Boundaries – 2 hours, elective

The 3-hour Ethics Course – 3 hours, elective

The 4-hour Ethics Course: Legal & Ethical Issues – 4 hours, elective

The 4-hour Ethics Course: Health Professionalism – 4 hours, elective

The 6-hour Ethics Course: Ethics from the Dalai Lama – 6 hours, elective

The 6-hour Ethics Course: General – 6 hours, elective

The 6-hour Ethics Course: Ethical Issues Related to Medical Settings – 6 hours, elective

The 6-hour Ethics Course: Legal & Ethical Issues, elective

The 6-hour Ethics Course: Byron Katie's "The Work" – 6 hours, elective

Advanced Balance, Flexibility and Stability Improvement – 12 hours, core

Aging & Ethics – 10 hours, elective

Aging as a Shared Journey – 8 hours, elective

Applied Kinesiology Principles – 7 hours, core

Aromatherapy Massage Facials – 9 hours, core

Aromatherapy for Mother and Baby: Safe and Satisfying Benefits – 9 hours, core

Body Psychology – 12 hours, elective

Deep Feeling, Deep Healing: Mind/Body Wisdom – 6 hours, core

Energize Your Business – 8 hours, elective

Ethics in Practice – 6 hours, elective

Ethics Refresher – 1hour, elective

Evidence-Based Orthopedic Massage – 13 hours, core

Fibromyalgia: Massage & Bodywork Indications & Contraindications for Advanced Practice – 18 hours, core

Four Steps for Effective Marketing – 3 hours, elective

Functional Wellness and Structural Integration – 14 hours, core

Green Your Business & Your Life – 6 hours, elective

Helping Clients Manage Chronic Pain – 4 hours, elective

Helping Clients Who Have Edema – 3 hours, elective

Helping Clients Who Have Fibromyalgia and Chronic Myofascial Pain – 12 hours, core

HIV Update for Massage Therapists and Bodyworkers – 3 hours, core

Holistic Pathology and Ethics of Working with Ill People – 25 hours, elective

Introduction to Aromatherapy – 6 hours, elective

Introduction to Massage Therapy for People Who Have Cancer – 10 hours, core

Introduction to Skilled Touch for Seriously Ill Persons – 14 hours, core

Massage for Pregnant Women: How to Make Safe and Satisfying Practice Modifications – 10 hours, core

Massage for Infants and Children: How to Make Safe and Satisfying Practice Modifications – 6 hours, core

Modern Reflexology Integrated with the Five Elements – 12 hours, core

NCBTMB Standard of Practice V: Professional Roles – 2 hours, core

Positional Release Techniques for Muscle and Joint Problems – 24 hours, core

Preparation for Infant Massage – 3 hours, core

Preparation for Providing Massage in Hospice – 10 hours, elective

Preventing Medical Errors – 3 hours, elective

Professional Conduct – 3 hours, elective

Psycho Neuroimmunology for Body Workers Including Ethics – 17 hours, core

Psychological Defenses and Boundaries in Massage Therapy – 6 hours, core

Results of Massage Therapy Research – 10 hours, elective
The Scientific Basis of Energy Medicine – 13 hours, core
Staying Well: Alternatives to Antibiotics – 3 hours, elective
Stress and the Body-Mind – 4 hours, elective
Trigger Point Therapy for Self Care – 10 hours, core
Visual Guide to Deep Tissue Massage – 12 hours, core
Visual Guide to Deep Tissue Massage & Myofascial: Part 2 – 30 hours, core
Understanding Ayurvedic Massage – 6 hours, core
Understanding HIV Infection – 3 hours, elective
Universal and Standard Precautions – 2 hours, elective
Why Touch? – 7 hours, elective
Why Touch Rules and Boundaries – 9 hours, elective

Henderson, Shirley

21162 Banff Lane
Huntington Beach, CA 92646
Phone: 866-506-1999
Email: go@apollo123.com
Website: <http://apollo123.com>

Business Basics – 7 hours, elective
Business – 12 hours, elective
Psychological Dynamics – 2 hours, elective
Hydrotherapy – 2 hours, elective
Cancer Protocol – 3 hours, elective
Medical Errors – 3 hours, elective
Four hours Ethics – 4 hours, elective
Disaster Planning – 4 hours, elective
Ethics One – 6 hours, elective
More Ethics – 15 hours, elective
Massaging Your Business – 12 hours, elective
Aromatherapy – 4 hours, elective
HIV/AIDS and Other Communicable Diseases – 4 hours, elective
How MRSA Impacts Your Practice – 4 hours, elective
Effects of Prolonged Standing – 8 hours, elective

Hutcherson, Dean

1901 North Monroe St.
Wilmington, DE 19802
Phone: 302-571-1741
Email: deanhutcherson@yahoo.com

Learn Shiatsu – Table Shiatsu – 12 hours, core
Learn Table Shiatsu – Clinical Elements I – 12 hours, core
Learn Table Shiatsu – Clinical Elements II – 12 hours, core

Institute for Advanced Therapeutics (NCBTMB # 154019-00)

Contact: Charles Cook
P.O. Box 848152
Pembroke Pines, FL 33084
Phone: 954-441-9553

Carpal Tunnel Syndrome – A Comprehensive Guide for the Massage Therapist – 4 hours
Low Back Pain: Current Concepts in Assessment, Management, and Prevention – 12 hours
The Massage Therapist's Guide to Sports Massage – 12 hours
Neck Pain: Current Concepts in Assessment, Management, and Prevention – 12 hours
Professional Ethics for the Massage Therapist and Bodyworker (5th edition) – 6 hours
Medical Language for the Massage Therapist – 2 hours

Institute for Integrative Healthcare Studies

Contact person: Cheryl Baisley

2331 State Route 17K

Montgomery, NY 12549

Phone: 800-364-5722

Email: info@natural-wellness.com

Website: www.HomeStudyCredits.com

Website: www.HealthPositive.com

NCBTMB provider # 049478-00

Advanced Anatomy & Pathology – 18 hours, elective
Advanced Anatomy & Physiology – 17 hours, elective
Advanced Muscle Testing – 12 hours, elective
Aging & Ethics Package – 10 hours, elective
Anatomy Review for Professionals – 18 hours, elective
Applied Kinesiology – 7 hours, elective
Aromatherapy Essentials – 40 hours, core
Aromatherapy: An Introduction – 6 hours, core
Aromatherapy: Facial Massage – 9 hours, core
Aromatherapy: Mother and Baby – 9 hours, core
Aromatherapy: Restoring Emotional Balance – 10 hours, core
Ayurvedic Massage Fundamentals – 6 hours, core
Cancer and Massage – 1 hour, core
Cardiopulmonary Health and Illness – 5 hours, elective
Chair & Ethics Package – 11 hours, core
Chair Massage Fundamentals – 12 hours, core
Chronic Pain Management – 4 hours, core
Clinical Massage Therapy – 17 hours, core
Communicating Effectively with Elders/Seniors – 8 hours, elective
Communication, Documentation, Insurance Billing & Ethics Package – 18 hours, elective
Complete Guide to Ethical Practice – 24 hours, core
Cranial-Sacral Fundamentals – 16 hours, core
Deep Tissue Massage – 12 hours, core
Deep Vein Thrombosis – 1 hour, elective
Developing a Wellness Center – 3 hours, elective
Energy Medicine: The Scientific Basis – 13 hours, core
Ethical Case Management – 6 hours, elective
Ethics Refresher – 1 hour, core
Ethics: From the Dalai Lama – 6 hours, core
Ethics: Health Professionalism – 4 hours, core
Ethics: Law & Documentation – 4 hours, core
Ethics: Legal & Ethical Issues – 6 hours, core
Ethics: Medical Settings – 6 hours, core
Ethics: NCBTMB Standard V – 2 hours, core
Ethics: Practice Management – 3 hours, core
Ethics: Professional Boundaries – 6 hours, core
Ethics: Professional Conduct – 3 hours, core
Ethics: Roles & Boundaries – 2 hours, core
Ethics: Therapeutic Environment – 3 hours, core
Ethics: Therapeutic Relationships – 3 hours, core
Experiential Ethics – 6 hours, core
Fascia: The Endless Web – 13 hours, elective
Fibromyalgia and Massage – 30 hours, core
Fibromyalgia: Approaches to Healing – 18 hours, core
Green Your Business and Your Life – 6 hours, elective
Healing Energy & Touch – 22 hours, core
HIV Update for Massage Therapists and Bodyworkers – 3 hours, elective
Holistic Pathology & Ethics Package – 25 hours, elective
Holistic Pathology, Part 1 – 11 hours, elective
Holistic Pathology, Part 2 – 10 hours, elective
Hospice-Based Massage – 10 hours, core
Infant and Child Massage – 6 hours, core

Infectious Disease: Hepatitis – 2 hours, elective
 Infectious Disease: HIV/AIDS – 1 hour , elective
 Integrating Reflexology and Five-Element Theory – 12 hours, core
 Integrative Massage Program Collection – 42 hours, core
 Integrative Massage: Earth – 13 hours, core
 Integrative Massage: Fire – 15 hours, core
 Integrative Massage: Spirit – 14 hours, core
 Introduction to Chair Massage – 7 hours, core
 Introduction to Infant Massage – 3 hours, core
 Law and Legal Issues – 2 hours, elective
 Lymphatic Drainage Massage – 17 hours, core
 Marketing Massage and the Economy – 1 hour, elective
 Marketing Massage in Four Easy Steps – 3 hours, elective
 Massage for Edema – 3 hours, core
 Massage for Hospitalized and Medically Frail Clients – 15 hours, core
 Massage in Healthcare Package – 24 hours, elective
 Medical Errors 2 hours, elective
 Myofascial Release – 20 hours, core
 Nerve Mobilization – 20 hours, core
 Neuromuscular Therapy & Advanced Deep Tissue – 20 hours, core
 Oncology Massage: Fact vs. Myth – 10 hours, core
 One Year to a Successful Practice – 8 hours, elective
 Orthopedic Massage – 13 hours, core
 Pathology: Digestive and Endocrine Systems – 5 hours, elective
 Pharmacology for Massage – 13 hours, core
 Polarity Therapy- 18 hours, core
 Positional Release Techniques – 24 hours, core
 Pre- and Perinatal Massage – 10 hours, core
 Prenatal Massage Fundamentals – 16 hours, core
 Preventing Medical Errors – 3 hours, elective
 Psychological Defenses and Boundaries in Massage Therapy – 6 hours, elective
 Psychology of the Body – 12 hours, core
 Psychology of the Body & Ethics Package – 18 hours, core
 Psychoneuroimmunology for Bodyworkers – 15 hours, core
 Qigong: Chinese Energy Healing – 10 hours, core
 Reflexology – 17 hours, core
 Shiatsu Anma Therapy – 22 hours, core
 Sports Massage – 17 hours, core
 Staying Well – Naturally – 3 hours, elective
 Stone Massage -16 hours, core
 Stress Reduction Through Bodywork – 4 hours, core
 Structural Integration and Wellness – 14 hours, core
 Swedish Massage for Professionals – 12 hours, core
 Teaching for Multiple Intelligences – 18 hours, elective
 Thai Yoga Massage – 12 hours, core
 Roles and Boundaries Related to Aging Clients – 2 hours, core
 Ethics Related to Chair Massage – 4 hours, core
 Ethics Related to Working with Ill or Injured Clients – 4 hours, core
 Roles and Boundaries Related to Touch – 3 hours, core
 Insurance Billing and Ethics – 6 hours, elective
 Documentation and Ethics – 6 hours, elective
 Communication and Ethics – 6 hours, elective
 The Ethics of Touch Part 1: Ethical Principles – 2 hours, core
 The Ethics of Touch Part 2: Boundaries – 3 hours, core
 The Ethics of Touch Part 3: Dynamics of Effective Communication – 3 hours, core
 The Ethics of Touch Part 4: Dual Relationships – 2 hours, core
 The Ethics of Touch Part 5: Sex Touch and Intimacy – 4 hours, core
 The Ethics of Touch Part 6: Ethical Practice Management – 4 hours, core
 The Ethics of Touch Part 7: Business Ethics – 3 hours, core
 The Ethics of Touch Part 8: Special Considerations in Cases of Trauma – 2 hours, core
 The Ethics of Touch Part 9: Supervision – 1 hour, core
 The Mind/Body Connection – 6 hours, elective

The Value of Touch – 7 hours, core
Therapeutic Techniques of Deep Tissue Massage: Part 1 – 12 hours, core
Therapeutic Techniques of Deep Tissue Massage: Part II – 28 hours, core
Tibetan Massage and Relaxation – 14 hours, core
Touch and Roles & Boundaries Package – 10 hours, core
Touch for the Seriously Ill – 14 hours, core
Trigger Point Therapy – 10 hours, core
Understanding Fibromyalgia – 12 hours, core
Understanding HIV – 3 hours, elective
Understanding Sports Massage – 12 hours, core
Universal and Standard Precautions – 3 hours, elective
Utilizing Massage Therapy Research – 10 hours, elective
Women & Massage – 1 hour – core

Integrative Touch for Health & Wellness

615 Kissel Hill Road

Lititz, PA 17543

Contact Person: Lin Roussel

Phone: 717-314-1733

Email: mypeacefultouch@yahoo.com

Basics of Cranial Sacral Massage I – 6 hours, core
Basics of Cranial Sacral Massage II – 6 hours, core

Jakober, Lisa

115 Maple Ave

Bordentown, NJ 08505

Phone: 602-332-0050

Email: lisa@massagebd.com

Raindrop Technique – 8 hours, elective
Hot Stone – 8 hours, core

The Jin Shin Do Foundation

26 White Oak Rd.

Landenberg, PA 19350

Phone: 610-255-3785

Email: NLDJSD@yahoo.com

Jin Shin Do Bodymind Accupressure Basic – 40 hours, core

Kurz, Chouristine

17 Raphael Road

Hockessin, DE 19707

Phone: 302-234-6550

Email: 5Pillars@comcast.net

Using Subtle Energy in Massage – 6 hours, core
Using Subtle Energy in Massage II – 6 hours, core
Meditation for Health and Relaxation – 4 hours, core
Pharmacology and Massage – 8 hours, core

Liddle Kidz Foundation

Contact: Tina Allen
P.O. Box 872664
Vancouver, WA 98687
Phone: 818-209-1918
Email: tina@liddlekidz.com
Website: www.liddlekidz.com

Certified Infant Massage Teacher (CIMT) Course – 24 hours, core
Certified Pediatric Massage Therapist Course – 16 hours, core

Lotus O.M.T, LLC

Contact: Sean Davis
1010 Jeffrey Rd
Wilmington, DE 19810
Phone: 302-561-4763
Email: sean@lotusomt.com
Website: www.thelotussystem.com

The Lotus System – 12 hours, core

Manucci, Terry, LMT

8 Doe Run Ct., Apt 1 C
Phone: 302-598-5539
Email: tmanucci1@yahoo.com

Introduction to Myofascial Release Techniques and Theory – 12 hours, core

Massage and Reflexology of Delaware

Contact: Theresa Meyer
1601 Milltown Rd. # 15
Wilmington, DE 19808
Phone: 302-633-4035
Email: mandrofde@comcast.net

Acupressure for Massage Therapists – Dr. Douglas Briggs, DC – 12 hours, core
Advanced Foot Reflexology – 12 hours, core
Business 101 – 7 hours, elective
Chair Massage – 6 hours, core
Deep Tissue is NOT Pressing Harder! – 14 hours, core
Ethics/HIV for Massage Practitioners – 7 hours, core
Fibromyalgia & Massage – 12 hours, core
Functional Assessment Skills & Orthopedic Testing – 12 hours, core
Introduction to Acupressure – 14 hours, core
Introduction to Myofascial Trigger Points – 12 hours, core
Introduction to Foot Reflexology – 14 hours, core
Medical Cervical Massage – 12 hours, core
Medical Lumbar Massage – 12 hours, core
Orthopedic Exam – Dr. Douglas Briggs, DC, core
Prenatal and Infant Massage – 10 hours, core

The Massage Center

Contact: Ron Carter
222 Philadelphia Pike
Wilmington, DE 19809
Phone: 302-761-9095
Email: roncarternmmt@comcast.net

Ashiatsu Oriental Bar Therapy Level 1: Barefoot Basics – 25 hours, core
Ashiatsu Oriental Bar Therapy Level 2: Anterior Side Lying – 16 hours, core
Ashiatsu Oriental Bar Therapy Level 3: Deepfeet Two – 8 hours, core
Ashiatsu Oriental Bar Therapy Level 4: Fusion-Blend – 8 hours, core
My Thai Fusion Intensive- A 3-day Training in Thai Style Stretching – 24 hours, core

Mattes, Aaron – Medical Seminars

Contact Person: Aaron Mattes
2932 Lexington St.
Sarasota, FL 34231
Phone: 941-922-1939
Email: stretchingusa@comcast.net
Website: www.stretchingusa.com

Active Isolated Stretching: The Mattes Method – 32 hours, core

Myofascial Release Seminars & Treatment Centers

Contact: Sandra Levensgood
222 West Lancaster Ave. Suite 100
Paoli, PA 19301
Phone: 800-327-2425
Email: seminars@myofascialrelease.com
Website: www.myofascialrelease.com

Cervical-Thoracic Myofascial Release – 20 hours, core
Fascial-Pelvis Myofascial Release – 20 hours, core
Myofascial Mobilization – 12 hours, core
Myofascial Release I – 20 hours, core
Myofascial Release II – 20 hours, core
Myofascial Unwinding – 20 hours, core
Myofascial Release Skill Enhancement Seminar – 40 hours, core
Pediatric Myofascial Release – 12 hours, core

NCMTMB

Ahh...Shiatsu Floor Home Study – 24 hours

Northwestern Health Sciences University

Contact: Jacklyn Sanford
2501 West 84th Street
Bloomington, MN 55431
Phone: 952-885-5446
Email: jsanford@nwhealth.edu

2011 Massage Therapy Winter Symposium – 15 hours, core
Professional Boundaries: Cultural Awareness – 2 hours, elective
Crossing Boundaries: Exploring Both Sides of Inappropriate Sexual Behavior Between Doctors and Patients – 2 hours, elective
Professional Boundaries: Cultural Communications – 2 hours, elective
Conversations on Culture: Somali – 2 hours, elective
Mitochondrial Function and Membrane Fluidity in Health and Disease – 2 hours, elective
Intrinsic Coaching, 2 hours/week, one day/12 weeks = 24 hours total, elective

2012 Massage Therapy Winter Symposium – Saturday Course: 5.75 hours core, 2.25 hours elective
– Sunday Course: 4.50 hours core, 3.00 hours elective

OnlineContinuingEd, LLC

P O BOX 15

Rocky Hill, CT 06067

Phone: 413-834-7149

Email: jbrown@crocker.com

Aids 103 – 1 hour, core
Aids 104 – 1 hour, core
Anatomy 101– 1 hour, core
Anatomy 102 – 1 hour, core
Anatomy 103 – 1 hour, core
Anatomy 104 – 1 hour, core
Anatomy 105 – 1 hour, core
Anatomy of the Forearm and Hand –1 hour, elective
Anatomy and Kinesiology of the Hand –1 hour, elective
Anatomy and Kinesiology of the Wrist – 1.5 hours, elective
Boundary Training 101 – 1 hour, core
Boundary Training 102 – 1 hour, core
Boundary Training 103 – 1 hour, core
Boundary Training 104 – 1 hour, core
Boundary Training 105 – 1 hour, core
Boundary Training 106 – 1 hour, core
Boundary Training 107 – 1 hour, core
Boundary Training 108 – 1 hour, core
Boundary Training 109 – 1 hour, core
Boundary Training 110 – 1 hour, core
Boundary Training 111 – 1 hour, core
Boundary Training 112 – 1 hour, core
Clinical Evaluation of the Shoulder – 3 hours, core
Clinical Examination of the Wrist – 1 hour, core
Elbow Tendonitis – 1 hour, core
Ergonomics & Management of Musculoskeletal Disorders – 6 hours, core
Ethics for Professionals 101 MT –1 hour, core
Ethics for Professionals 102 – 1 hour, core
Ethics for Professionals 103 – 1 hour, core
Ethics for Professionals 104 – 1 hour, core
Ethics for Professionals 105 –1 hour, core
Gender and Sensitivity 101 – 1 hour, core
Hydrotherapy and Spa Applications – 1 hour. core
Overview of Carpal Tunnel Syndrome – 1 hour, core
Pathology 101 – 2 hours, core
Pathology 102 – 2 hours, core
Pathology 103 – 4 hours, core
Pathology 104 – 3 hours, core
Pathology 105 – 2 hours, core
Pathology 106 – 4 hours, core
Pathology 107 – 3 hours, core
Pre and Post Natal Massage 201 – 2 hours, core
Hot Stone Massage 201 – 3 hours, core
Ergonomics 101 – 21 hours, elective
Ergonomics 102 – 2 hours, elective
Cultural Competency 201 – 1hour, elective
Cultural Competency 202 – 1 hour, elective
Fibromyalgia 101 – 1 hour, elective
Fibromyalgia 102 – 1 hour, elective
Fibromyalgia 103 – 1 hour, elective
Fibromyalgia 104 – 5 hours, elective
Fibromyalgia 105 – 2 hours, elective

Fibromyalgia 106 – 2 hours, elective
Science of Body and Table Mechanics –1 hour, core

Relax Delaware, Inc.

905 Devon Drive
Newark, DE 19711

Glides, Swings, and Pulls: Soothing the Nervous System – 8 hours, core

Relaxing Touch Bodyworks

Contact: Janet Fante, LMT
102 Fox Hunt Lane
Middletown, DE 19709
Phone: (302) 378-1781
Email: relaxingtouch@verizon.net
Website: www.relaxingtouchbodyworks.com

Chair Massage – 6 hours
Introduction to Shiatsu – Theory & Technique – 12 hours, core
Introduction to Meditation – 6 hours
Introduction to Shiatsu-Theory and Technique – 12 hours, core

Repetitive Use Injury Therapy (RUIT)

Contact: Michael Young
P. O. Box 358
Evergreen, CO 80437-0358
Phone: 303-674-7948
Fax: 303-679-0805
Email: michael@mrtherapy.com
Website: www.mrtherapy.com

Michael Young's Muscle Release Technique Workshop – 21 hours, core
Michael Young's Muscle Release Technique Home Study Course – 12 hours, core

School of Shiatsu and Massage

P.O. Box 889
Middletown, CA 95461
Phone: 707-987-4857
Email: jjilkesn@earthlink.net
Website: <http://www.jimjilkesn.com>

Energy- Active CranioSacral 1 – up to 50 hours, core

Stacia's Mastery Massage and Bodywork

Contact: Anastacia Mongelluzzo
7503 Lancaster Pike
Hockessin, DE 19707
Phone: (302)377-6876
Email: astull@staciasmastery.com
Website: www.staciasmastery.com

Reiki 1 and 2– 12 hours, elective
Reiki Art & Master– 12 hours, elective

Street, Sara

24698 Patriot's Way
Georgetown, DE 19947
Phone: 302-934-6287
Email: streetsara@hotmail.com

Chair Massage – 6 hours, core
Deep Muscle Therapy – 8 hours, core
Ear Candling – 5 hours, elective
Trigger Point Therapy for the Lower Back and Lower Extremities – 14 hours, core
Trigger Point Therapy for the Upper Torso – 14 hours, core

Tranquil Spirit, Inc.

Contact: Katherine M. Schauber
Phone: 813 Percheron Drive
Bear, DE 19701
Phone: 302-834-6853
Email: kschauber@hotmail.com
Website: www.findtranquility.com

Reiki Level 1 Workshop – 3.25 hours, elective
Reiki Level 2 Workshop – 3.25 hours, elective
Advanced Reiki Training / Master Level Reiki Workshop – 13 hours, elective
Reflexology Workshop – 13 hours, core
Reiki Art/Master Level Workshop – 3.25 hours, elective

The Upledger Institute

Contact: Kristin Bloom
11211 Prosperity Farms Road, Suite D-325
Palm Beach Gardens, FL 33410
Phone: 561-622-4334
Email: kristen@upledger.com

CranioSacral Therapy I – 24 hours, core
CranioSacral Therapy II – 24 hours- core
CranioSacral Therapy for Pediatrics – 24 hours- core
From Trauma Recovery to Ecstasy – 35 hours, elective
Healing from the core: Grounding and Healthy Boundaries – 24 hours, elective
Heart Centered Therapy I – 24 hours, core
HFC: Expanding Present – Movement Consciousness – 35 hours, elective
HFC: From Trauma Recovery to Ecstasy – Healing Nervous System – 35 hours, elective
Introduction to CranioSacral Therapy – 12 hours, core
Somato Emotional Release I – 24 hours, core
Somato Emotional Release II – 24 hours, core

Vincent Spalding

2829 East Oakland Drive
Wilmington, DE 19808
Phone: 302-521-7656
Email: just the righttouch@comcast.net

Reflexology – 12 hours, core
Intro to Deep Tissue – 12 hours, core
Introduction to Myofascial Release – 12 hours, core
Intermediate Myofascial Release – 12 hours, core
Advanced Myofascial Release – 12 hours, core

Wall Street Institute

Contact: Charley Fei
401 Broadway, Suite 405
New York, NY 10013
Phone: 347-448-5189 or 212-941-7682
Email: Ladenburg2007@hotmail.com

Health Care & Massage Therapy – 7 hours, core

Washington D.C. Centre of Indian Champissage

Contact: M. Susan Walsh
5282 Lyngate Court
Burke, VA 22015
Phone: 703-425-3331
Email: susan@msusanwalsh.com
Website: www.mychampissage.com

Indian Champissage – 21 hours, elective
Kansa Vatki Kout Massage – 7 hours, elective

Wellness Management Systems

Contact: Rob Eppes, Director
The Massage Center
P.O. Box 7596,
Wilmington, DE 19803
Phone: 302-765-2387
Website: www.demassagece.com/convention.htm
Email: robeppes@comcast.net

The Alexander Technique – 12 hours, elective
Baby's First Massage (correspondence) – 6 hours, core
Baby's First Massage (hands-on) – 8.5 hours, core
Body Mechanics for Better Bodywork – 7 hours, core
Cranio-Sacral Therapy I – 12 hours, core
Cranio-Sacral Therapy II – 12 hours, core
Dealing with Grieving Clients – 3 hours, core
Do-In Seminar – 2 hours, core
Ear Candling – 2 hours, elective
Energy Basics – 4 hours, elective
Improving Pectoral & Gluteal Work Skills – 4 hours, core
Introduction to Isolated Active stretching – 6 hours, core
Introduction to Shiatsu – 12 hours, core
Issues & Application of Professional Ethics in Massage – 6 hours, core
Maximizing Business Growth through Presentation Management – 2 hours, elective
Occipital Release Technique – 2 hours, core
Organizing & Marketing Massage Business I – 3 hours, elective
Organizing & Marketing Massage Business II – 3 hours, elective
Organizing & Marketing Massage Business III – 3 hours, elective
Organizing & Marketing Massage Business IV – 3 hours, elective
A Promise of Wellness – 5 hours– elective
Range of Motion Basics – 4 hours, core
Seamless Full-Body Sequence – 24 hours, core
Shiatsu, Level I – 12 hours, core
Tonus Restoration Technique – Legs – 12 hours– core
Tonus Restoration Technique – Torso – 12 hours– core
Tonus Restoration Technique – Upper Limb – Shoulder, Head & Neck – 12 hours, core